

Curriculum Intent Statement

Physical Education

Department Intent Statement

Our curriculum offers all students the chance to develop their physical literacy, build character and help to embed values such as fairness, respect and resilience within an inclusive culture where every student feels valued.

Our aim is to create an environment where our students can build and develop confidence in a range of different sports and activities and adopt a positive attitude towards their own physical health not only during their time with us, but that will provide the basis for lifelong participation. We aim to provide them with the tools to put them in charge of their own physical health, fitness and well-being.

Physical Education should also provide the opportunity for students to strive for achievement in competitive sport and other physically-demanding activities. It should provide opportunities for our students to become more physically competent in ways which support their health, fitness and wellbeing.

Across the curriculum students will be taught to:

- Develop technique and improve performance in competitive sports and physical activities
- Analyse and evaluate their own and others' performances and demonstrate improvements
- Explore and develop a variety of tactics and strategies to overcome opponents in team and individual games
- Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group
- Encouraged to engage in competitive sports and activities outside school through community links or sports clubs.

Through our PE curriculum we also aim to help our students explore a possible career in the Sport and physical activity industry. Offering BTEC Tech Award in Sport at Key Stage 4, we also help to prepare our students to study this course whilst in Key Stage 3. With this in mind, we incorporate vital information and concepts and also develop the skills that will help them to access this course such as organisation, communication and leadership.