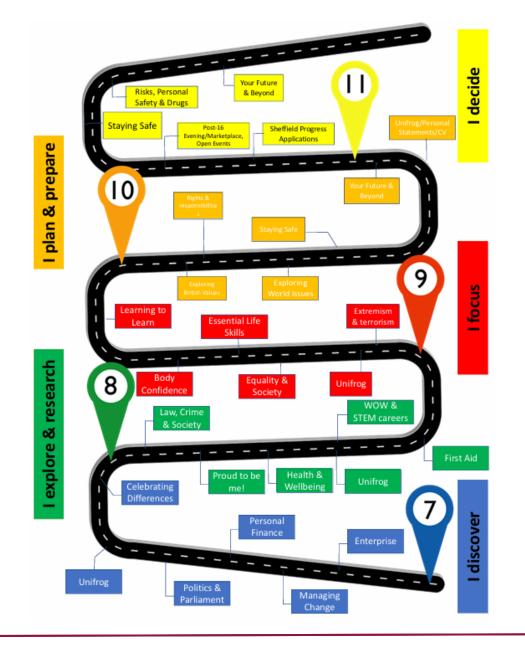


Year 7 Curriculum Overview Life+



Personal Development Learning Journey





	Year 7	Year 8	Year 9	Year 10	Year 11
02-Sep	Introduction to Yr 7	Introduction to Yr 8	Introduction to Yr 9	troduction to Yr 9 Introduction to Yr 10	
09-Sep	Health & Safety	HPV	Divorce	Race Commission	Positive Role Models
16-Sep	Fake News	Bullying	Domestic Abuse		PD
23-Sep	Positivity	Prescription Drugs	Positive Thinking	Testicular/Breast Cancer	Body Shaming
30-Sep	Puberty	Healthy Eating	Advertising Influence		PD
07-Oct	Personal Identity	Organ Donation	Gaslighting	Consent	Sexual Health
14-Oct	Dental Hygiene	Elderly Care	Mental Health - Bipolar	Mental Health - Bipolar	
21-Oct	End of HT review	End of HT review	End of HT review	End of HT review	Privilege



	Year 7	Year 8	Year 9	Year 10	Year 11
04-Nov	Cyberbullying	Anxiety	The Equality Act		MOCK EXAMS
11-Nov	Safety Online	Emotional Literacy	Sustainability	Sustainability Rights in the Workplace	
18-Nov	Extremism	Right Wing Extremism	LGBTQAI+ Community	LGBTQAI+ Community	
25-Nov	Healthy Living	Nitrous Oxide	Blood Donation	Suicide	Plastic Pollution
02-Dec	Facing Challenges	Perseverance	Self-Discipline		PD
09-Dec	Sleep	Self-confidence	Exam Skills	Exam Skills Anti-Social Behaviour	
16-Dec	Mindfulness	Veganism & Lifestyle Choices	Interpersonal Skills		PD



	Year 7	Year 8	Year 9	Year 10	Year 11
06-Jan	Exercise	Behaviour Management	Young Offenders Community Cohesion		Importance of Sleep
13-Jan	Stereotyping	Career Paths	Access to Education		PD
20-Jan	Online Stress	Target Setting	Exam Stress	Exam Stress Time Management	
27-Jan	British Citizens	Homelessness	Diverse Communities		PD
03-Feb	BREXIT Britain	Communication Skills	Knife Crime	Knife Crime Hate Crime	
10-Feb	End of HT review	End of HT review	End of HT review		MOCK EXAMS



	Year 7	Year 8	Year 9	Year 10	Year 11
24-Feb	Self-Esteem	Tax	Tax Selfie Safety		MOCK EXAMS
03-Mar	Women's Day	Women's Rights	UNICEF		MOCK EXAMS
10-Mar	Character Education	Finance	Avoiding Debt	Harassment	Relationship Break-Up
17-Mar	Racism	Entrepreneurs	Extremism – Prevent		PD
24-Mar	Mindfulness	Meditation	Peer Pressure	Revision Skills	Gambling Addiction



	Year 7	Year 8	Year 9	Year 10	Year 11
14-Apr	Religious Festivals	LGBTQAI+ History	Acid Attacks		Relationship Types
21-Apr	Social Media	Alcohol Awareness	Foreign Aid Conflict Management		PD
28-Apr	Families	Charity Volunteering	Drugs – Cannabis etc.		CPR & First Aid
05-May	Budgeting	Grooming	Payday Loans	Tattoos/Piercings	PD
12-May	Keeping Safe	Cancer Awareness	Vaccinations	Vaccinations	
19-May	Ethical Shopping	Body Positivity	Human Rights	STEM Industries	EXAMS



	Year 7	Year 8	Year 9	Year 10	Year 11
02-Jun	Immigration	Passive Smoking	HIV & AIDS		
09-Jun	Smoking Dangers	Seeking Asylum	Self-Harm	Self-Harm Terrorism	
16-Jun	Personal Development	Basic First Aid	Perseverance Importance	End of Year Exams	
23-Jun	Discrimination	Religious Tolerance	Human Trafficking	End of Year Exams	
30-Jun	Body Image	Disability Discrimination	Sexual Harassment		
07-Jul	Vaping	Vaping Case Studies	Intro to Contraception	Work Experience	
14-Jul			End of HT Review		



Year 7 Curriculum Overview Life+

RIGHTS, RESPONSIBILITIES & BRITISH VALUES

CELEBRATING DIVERSITY & EQUALITY

RELATIONSHIPS & SEX EDUCATION

STAYING SAFE ONLINE & OFFLINE

HEALTH & WELLBEING

TERM	Subject	THEME	UNIT TITLE	LESSON TITLE	Homework Assessment Project
TERM 1	PSHE	Relationships & Sex Education	Friendships, Respect & Relationships	01 - Consent and Boundaries 02 - Respect and Relationships 03 - What Makes a Good Friend 04 - Friendships & Online Relationships 05 - Being Positive 06 - Pressure, Influence and Friends	Building a Time Capsule
TERM 2	PSHE	Staying Safe Online & Offline	Staying Safe Online & Offline	01 - Avoiding Gangs & Criminal Behaviour 02 - Staying Safe Online 03 - Online Gaming, Grooming and Addiction 04 - Alcohol and Risk 05 - Nicotine and Smoking 06 - E-Cigs, Vaping and Shisha 07 - Energy Drinks and Caffeine 08 - Knife Crime and Safety	Display stand for a new Mobile Phone App
TERM 3	PSHE	Health & Wellbeing	Puberty & Body Development	01 - Introduction to Puberty 02 - Girls Puberty & Periods (Double Lesson) 03 - Boys Puberty 04 - Personal Hygiene 05 - Growing Up 06 - Self-Esteem 07 - Tooth Decay and Dental Health	Teenagers Guide to Puberty Magazine





Year 7 Curriculum Overview Life+

TERM	Subject	THEME	UNIT TITLE	LESSON TITLE	Homework Assessment Project
TERM 1.1	CAREERS & ENTERPRISE	Life Beyond School	Managing Change	01 - Getting to Know People 02 - What is a Community 03 - Careers and Your Future	04 - Sleep and Relaxation 05 - Financial Education 06 - Transition Points in Your Life 07 – Bullying or Banter
TERM 1.2	CAREERS & ENTERPRISE Enterprise Project Charity - Christmas Fair 02 – What is yo		01 – Get your team together 02 – What is your idea? 03 – Make your product	04 – Selling your product 05 – Pitching your ideas 06 – Ready to go?	
TERM 2.1	CAREERS & ENTERPRISE	Learning to learn	Personal Finance	01 – Managing pocket money 02 – Financial Education 03 – Rags to Riches	04 – Employability & Enterprise Skills 05 – Finance, budgeting & employment 06 – What is equity?
TERM 2.2	CITIZENSHIP	Rights, Responsibilities & British Values	Politics & Parliament	01 - Why is Politics Important 02 - How is our Country Run 03 - The Role of the Prime Minister 04 - The Monarchy and King Charles III	05 - Political Debates and Parliament 06 - Elections and Campaigning 07 - Creating a Political Party
TERM 3.1	CAREERS & ENTERPRISE	Life Beyond School	Unifrog	01 – Who am I 02 – Exploring possibilities 03 – What is a career?	04 – What is an entrepreneur? 05 – What is work-life balance? 06 – Careers and the future
TERM 3.2	CITIZENSHIP	Celebrating Diversity & Equality	Celebrating Differences	01 - What is your Identity 02 - Multicultural Britain 03 - Importance of Being Kind 04 - Breaking Down Stereotypes	05- Learning Disabilities 06 - Prejudice and Discrimination 07 - Challenging Islamophobia



Year 8 Curriculum Overview Life+

RIGHTS, RESPONSIBILITIES & BRITISH VALUES

CELEBRATING DIVERSITY & EQUALITY

RELATIONSHIPS & SEX EDUCATION

STAYING SAFE ONLINE & OFFLINE

HEALTH & WELLBEING

TERM	Subject	ТНЕМЕ	UNIT TITLE	LESSON TITLE	Homework Assessment Project
TERM 1	PSHE	PSHE	Staying Safe Online & Offline	Dangerous Society Online & Offline	01 - County Lines - What is it 02 - County Lines - Who is at Risk 03 - Substance Misuse 04 - Cyberbullying 05 - Online Grooming 06 - Alcohol Safety 07 - Child Exploitation & Online Protection
TERM 2	PSHE	PSHE	Relationships & Sex Education	Identity, Relationships & Sex Education	01 - Relationships and Sex Education 02 - Being Yourself & Self-Love 03 - Healthy Respectful Relationships 04 - What is Love 05 - Dealing with Conflict 06 - Periods and Menstrual Cycle 07 - Introduction to Contraception 08 - Sexual Orientation
TERM 3	PSHE	CITIZENSHIP	Celebrating Diversity & Equality	Equality and Diversity Explored	01 - Equality Act 2010 02 - LGBTQ+ What is it 03 - LGBTQ+ Rights Across the World 04 - Gender Equality 05 - Ableism and Disability Discrimination 06 - Removing the Barriers Equality for all 07 - Racism & Discrimination in Society



Year 8 Curriculum Overview Life+

TERM	Subject	THEME	UNIT TITLE	LESSON TITLE	Homework Assessment Project
TERM 1.1	PSHE	Rights, Responsibilities & British Values	Law, Crime & Society	01 - Desert Island – Living 02 - Desert Island - Building a Community 03 - Desert Island - Making Decisions	04 - Desert Island - Criminals, Law & Society 05 - How are Laws Made 06 - Prison, Reform and Punishment
TERM 1.2	CAREERS & ENTERPRISE	Life Beyond School	Proud to be Me!	01 - Employability & Enterprise Skills 02 - Proud to be me 03 - Careers and Aspirations 04 - Self Esteem and the Media	05 - The Importance of Happiness 06 - What Makes Me Angry 07 - Exploring Careers
TERM 2.1	PSHE	Health & Wellbeing	Physical Health & Mental Wellbeing	01 - Health and Wellbeing 02 - What is Mental Health? 03 - Positive Body Image 04 - Child Abuse	05 - Types of Bullying 06 - Healthy Eating and Cholesterol 07 - Stress Management
TERM 2.2	CAREERS & ENTERPRISE	Life Beyond School	Unifrog	01 – What are my interests? 02 – Job Applications 03 – Challenges and rewards of work	04 – Creating the life, you want 05 – What does success mean to me? 06 – Careers and the climate
TERM 3.1	PSHE	Health & Wellbeing	First Aid	01 – Allergies 02 – Basic Life Support 03 – Bleeding	04 – Choking 05 – Head injuries 06 – Asthma
TERM 3.2	CAREERS & ENTERPRISE	Life Beyond School	World of work and STEM employment	01 – STEM Careers 02 – LMI 03 – Apprenticeships 04 – Importance to the economy	05 – STEM Quiz 06 – Applying for apprenticeships 07 – Self-employment



Year 9 Curriculum Overview Life+

RIGHTS, RESPONSIBILITIES & BRITISH VALUES

CELEBRATING DIVERSITY & EQUALITY

RELATIONSHIPS & SEX EDUCATION

STAYING SAFE ONLINE & OFFLINE

HEALTH & WELLBEING

TERM	Subject	THEME	UNIT TITLE	LESSON TITLE	Homework Assessment Project
TERM 1	PSHE	PSHE	Relationships & Sex Education	Sex, the Law and Consent	01 - Sexual Consent and the Law 02 - FGM and the Law 03 - Relationships and Partners 04 - Domestic Abuse and Domestic Violence 05 - Why have Sex 06 - Delaying Sexual Activity 07 - Sexual Harassment and Stalking
TERM 2	PSHE	PSHE	Staying Safe Online & Offline	Legal and Illegal Drugs	01 - What is a Drug 02 - Different Types of Addictions 03 - Cannabis Products 04 - Drugs Classifications 05 - Party Drugs & Illegal Drugs 06 - The War on Drugs 07 - Volatile Substance Abuse
TERM 3	PSHE	PSHE	Relationships & Sex Education	Contraception and STIs	01 - What are STIs 02 - Treating STIs and the Clinic 03 - Contraception Explored 04 - Contraception – Condoms 05 - Contraception Explored Further 06 - HIV and AIDS 07 - HIV and AIDS Prejudice and Discrimination





Year 9 Curriculum Overview Life+

TERM	Subject	THEME	UNIT TITLE	LESSON TITLE	Homework Assessment Project
TERM 1.1	CITIZENSHIP	Rights, Responsibilities & British Values	Combatting Extremism & Terrorism	01 - Conspiracy Theories and Extremist Narratives 02 - Forms of Extremism 03 - What is Terrorism 04 - War and Conflict	05 - The Radicalisation Process 06 - How Does Counter Terrorism Work 07 - Antisemitism
TERM 1.2	CAREERs & ENTERPRISE	Life Beyond School	Unifrog	01- What are my skills 02 – After school – main learning pathways 03 – Decisions – what to study	04 – Taking control of my career 05 – Working & earning – money 06 – What is the Labour Market?
TERM 2.1	CITIZENSHIP	Celebrating Diversity & Equality	Equality and Society	01 - Disability Discrimination 02 - Evaluating Social Media 03 - What is racism	04 - Microaggression & sexual language 05 - Hate Crime in the UK 06 - What do vaccines do
TERM 2.2	CAREERS & ENTERPRISE	Life Beyond School	Essential Life Skills	01 - From Failure to Success 02 – Assertiveness 03 - First Aid 04 - Saving and Managing Your Money	05 - Labour Market Information 06 - Finance, Budgeting and Employment 07 - Social Media and Online Stress
TERM 3.1	PSHE Health & Wellbeing Body Confidence		01 - How Self-Esteem Changes 02 - What is a Penis 03 - What is a Vulva 04 - Bullying in all its forms	05 - Dealing with Grief and Loss 06 - Media and Airbrushing 07 - Cancer Prevention and Healthy Lifestyles	
TERM 3.2	CAREERS & ENTERPRISE	Life Beyond School	Learning to Learn	01 - Revision - Getting Motivated 02 - Revision - Good vs Bad 03 - Revision - Using time effectively	04 - Revision 1 - Trigger Words 05 - Revision 2 - The Memory Journey 06 - Revision 3 - Mind Mapping



Year 10 Curriculum Overview Life+

RIGHTS, RESPONSIBILITIES & BRITISH VALUES

CELEBRATING DIVERSITY & EQUALITY

RELATIONSHIPS & SEX EDUCATION

STAYING SAFE ONLINE & OFFLINE

HEALTH & WELLBEING

TERM	Subject	THEME	UNIT TITLE	LESSON TITLE	Homework Assessment Project
TERM 1	PSHE	PSHE	Health & wellbeing	Mental Health & Wellbeing	01 - Child Sexual Abuse 02 - Screen Time 03 - Mental Health Illnesses 04 - Self-Harm 05 - Suicide (Thoughts and Feelings) 06 - Promoting Emotional Wellbeing
TERM 2	PSHE	PSHE	Relationships & Sex Education	Risk, Relationships & Sex Education	01 - Pleasure and Delaying Sexual Activity 02 - Campaigning Against FGM 03 - Sexting, Nudes and Dick Pics 04 - Online Pornography (Myths vs Reality) 05 - Porn and its Impact on Society 06 - Unhealthy Relationships, Sexual Assault and Rape 07 - Sexualisation of the Media
TERM 3	PSHE	PSHE	Staying Safe Online and Offline	Violence, Crimes & Seeking Safety	01 - Honour Based Violence 02 - Forced Marriage and Breast Ironing 03 - Online Gaming & Gambling 04 - Social Media Validation 05 - Modern-Day Slavery 06 - Keeping Your Data Safe 07 - Causes of Knife Crime



Year 10 Curriculum Overview Life+

TERM	Subject	THEME	UNIT TITLE	LESSON TITLE	Homework Assessment Project
TERM 1.1	CITIZENSHIP	Rights, Responsibilities & British Values	Exploring British Values	01 - Critical Thinking & Fake News 02 - Hate Crime in the UK 03 - British Values and Identity 04 - Mutual Respect & Tolerance	05 - Individual Liberty 06 - What are Human Rights 07 - Democracy Explored
TERM 1.2	CAREERS & ENTERPRISE	Life Beyond School	Rights and Responsibilities	01 - What is Marriage 02 - Rights and Responsibilities 03 - Consumer Rights	04 - Employment Rights 05 - Exploring a Wage Slip 06 – Insta and TikTok Generation
TERM 2.1	CITIZENSHIP	Celebrating Diversity & Equality	Exploring World Issues	01 - International Organisations 02 - Peace, War & Conflict 03 - Human Rights During War 04 - Aid & Supporting Other Countries	05 - Striking and Trade Unionism 06 - Women's Rights and Equality 07 - Fair Trade and Free Trade
TERM 2.2	PSHE	Online & Offline Safety	Staying Safe	01 - Virtual Reality and Live Streaming 02 - Online Reputation and Digital Footprints 03 - Group Chats & Anti-Bullying 04 - Cosmetic and Aesthetic Procedures	05 - New Psychoactive Substances 06 - Festivals and Nitrous Oxide 07 - Substance Addiction
TERM 3.1	CAREERs & ENTERPR	Life Beyond School	Your Future & Beyond	01 - Screen Addiction and Studying 02 - Post 16 Options 03 - Exam Stress and Anxiety (2 Hours)	04 - Social Media Vs Real Life 05 - CV Writing 06 - Writing a Personal Statement
TERM 3.2	CAREERs & ENTERPR	Life Beyond School	Your Future & Beyond	Personal Statements and Sheffield Progress	



Year 11 Curriculum Overview Life+

RIGHTS. RESPONSIBILITIES & BRITISH **VALUES**

CELEBRATING DIVERSITY & EQUALITY

RELATIONSHIPS & SEX EDUCATION

STAYING SAFE ONLINE & OFFLINE

HEALTH & WELLBEING

TERM	Subject	THEME	UNIT TITLE	LESSON TITLE	Homework Assessment Project
TERM 1	PSHE	PSHE	Health & wellbeing	Adult Health and Looking After Yourself	01 - Organ and Blood Donation 02 - Teenage Pregnancy Choices 03 - Abortion Laws, Morals and Ethics 04 - Parenthood for Teenagers 05 - Testicular and Prostate Cancer 06 - Breast Cancer, Cervical Cancer & Screening 07 - Love
TERM 2	PSHE	PSHE	Relationships & Sex Education	Sexual Health	01 - Peer on Peer Abuse 02 - Fertility and What Impacts it 03 - Alcohol, Parties and Bad Choices 04 - Importance of Sexual Health 05 - Revisiting STIs 06 - Revisiting Contraception 07 - Respect, Love and Relationships
TERM 3	REVISION FOR GCSE EXAMS				







Year 10 Curriculum Overview Life+

TERM	Subject	THEME	UNIT TITLE	LESSON TITLE	Homework Assessment Project
TERM 1.1	PSHE	Celebrating Diversity & Equality	Bullying, Abuse & Discrimination	01 – Gaslighting & emotional abuse 02 – Coercion & Controlling behaviour 03 – Sharia Law & HBV 04 – Harassment & Stalking	05 - Individual Liberty 06 - What are Human Rights 07 - Democracy Explored
TERM 1.2	CEIAG	Life Beyond School	School Sheffield Progress Applications		04 - Employment Rights 05 - Exploring a Wage Slip 06 – Insta and TikTok Generation
TERM 2.1	CAREERS & ENTERPRISE	Life Beyond School	Your Future & Beyond	01 - Screen Addiction and Studying 02 - Post 16 Options 03 - Exam Stress and Anxiety (2 Hours) 04 - Social Media Vs Real Life	05 - Striking and Trade Unionism 06 - Women's Rights and Equality 07 - Fair Trade and Free Trade
TERM 2.2	CEIAG	Life Beyond School	Work, Careers & Pathway Choices	01 – Preparing for the workplace 02 – Being Ambitious 03 – Alternatives to university 04 – Knowing my strengths & skills	05 - New Psychoactive Substances 06 - Festivals and Nitrous Oxide 07 - Substance Addiction
TERM 3.1	PSHE	Online & Offline Safety	Risks, Personal Safety & Drugs	01 – Getting home safely 02 – Going abroad and safety 03 – Basic first aid 04 – The police, organised crimes and gangs	04 - Social Media Vs Real Life 05 - CV Writing 06 - Writing a Personal Statement



	National Week/Event/Theme	Theme 2024-25	Delivered by
02-Sep	SLT Themed assembly - school values	School values	HT/SLT
09-Sep	Health & Wellbeing	Sport & Fitness at Stocksbridge High School Lee Hible Stocksbridge Leisure Centre TBC Y9 DofE Launch JMI	PE/PBA/HSI
16-Sep	National Coding Week (ICT)	National Coding Week	IT/CBR
23-Sep	Culture & Diversity	European Day of Languages	MFL Dept
30-Sep	Culture & Diversity Macmillan Coffee morning	Black History Month	MST/ <mark>History</mark> Dept
07-Oct	Health & Wellbeing	Mental Health Awareness	TFTF/External
14-Oct	Rights & Responsibilities World Event Week Assembly - Recycle Week	Recycle Week	School Council
21-Oct	Recognition & Rewards	Recognition & Rewards Assembly	HT/SLT



	National Week/Event/Theme	Theme 2024-25	Delivered by
04-Nov	SLT Themed assembly - school values	School values/expectations	Head teacher/SLT
11-Nov	Health & Wellbeing Anti-bullying Week	Banter vs bullying	MST/ZPR
18-Nov	Staying Safe Online/Offline		External
25-Nov	Rights & Responsibilities - Charity & Volunteering	Charity & Volunteering	School Council
02-Dec	Curriculum Links	STEAM Careers & Aspiration Assembly	DT Dept
09-Dec	Cultural Diversity Rights & Responsibility	Christmas and Thinking of Others Food Bank Donations	EC
16-Dec	Recognition & Rewards	Recognition & Rewards Assembly	HT/SLT



	National Week/Event/Theme	Theme 2024-25	Delivered by
06-Jan	SLT Themed assembly - school values	School values/expectations	Head teacher/SLT
13-Jan	Careers	НЕРР	EC
20-Jan	Culture & Diversity - World Religion Day	Opening Minds Assembly	KHY/RE Dept
27-Jan	Curriculum Links	Holocaust Memorial Day	MST
03-Feb	Careers	National Apprenticeship Week	CJA
10-Feb	Recognition & Rewards	Recognition & Rewards Assembly	HT/SLT



	National Week/Event/Theme	Theme 2024-25	Delivered by
24-Feb	SLT Themed assembly - school values	School values/expectations	Head teacher/SLT
03-Mar	National Careers Week Curriculum Links - World Book Day	Being an Entrepreneur	CJA RHO
10-Mar	Curriculum Links - World Science Week	Science Careers and aspiration	Science/PSC
17-Mar	Health & Wellbeing - smoking	The dangers and costs of smoking	School Council
24-Mar	Recognition & Rewards	Recognition & Rewards Assembly	HT/SLT



	National Week/Event/Theme	Theme 2024-25	Delivered by
14-Apr	SLT Themed assembly - school values	School values/expectations	Head teacher/SLT
21-Apr	Rights & Responsibility - Earth Day	Looking after our planet	School Council
28-Apr	Health & Wellbeing - peer on peer abuse	Wellbeing Assembly	Pastoral Team
05-May	CEIAG Assembly	Future Jobs and the workforce	CJA
12-May	Curriculum Links - National Numeracy Day	Subject/Department Assembly maths	Maths/RDR/JPL
19-May	Recognition & Rewards	Recognition & Rewards Assembly	HT/SLT





	National Week/Event/Theme	Theme 2024-25	Delivered by
02-Jun	SLT Themed assembly - school values	School values/expectations	Head teacher/SLT
09-Jun	Health & Wellbeing - Mens health week	Being healthy	
16-Jun	Rights & responsibilities - School Council	Form Representatives 25-26	School Council
23-Jun	Curriculum Links - Creative Arts & Performance	Subject/Department Assembly Art/Photo/PA/Mus	DSU/LAR/DWO
30-Jun	CEIAG Assembly	Alumni - how did I get here?	CJA
07-Jul	Health & Wellbeing	Being thankful and grateful for what we have	Pastoral Team

