

| Name: | |
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| Teacher: | Class: |

FULL PAGE CURRICULUM OVERVIEWS





Year 7 Curriculum Overview Life+

RIGHTS, RESPONSIBILITIES & BRITISH VALUES

CELEBRATING DIVERSITY & EQUALITY

RELATIONSHIPS & SEX EDUCATION

STAYING SAFE ONLINE & OFFLINE

HEALTH & WELLBEING

| TERM | Subject | THEME | UNIT TITLE | LESSON TITLE | Homework Assessment Project |
|--------|---------|----------------------------------|--------------------------------------|---|---|
| TERM 1 | ЭНЅЫ | Relationships & Sex Education | Friendships, Respect & Relationships | 01 - Consent and Boundaries 02 - Respect and Relationships 03 - What Makes a Good Friend 04 - Friendships & Online Relationships 05 - Being Positive 06 - Pressure, Influence and Friends | Building a Time Capsule |
| TERM 2 | PSHE | Staying Safe Online & Offline | Staying Safe Online & Offline | 01 - Avoiding Gangs & Criminal Behaviour 02 - Staying Safe Online 03 - Online Gaming, Grooming and Addiction 04 - Alcohol and Risk 05 - Nicotine and Smoking 06 - E-Cigs, Vaping and Shisha 07 - Energy Drinks and Caffeine 08 - Knife Crime and Safety | Display stand for a new Mobile Phone App |
| TERM 3 | PSHE | Health & Wellbeing | Puberty & Body Development | 01 - Introduction to Puberty 02 - Girls Puberty & Periods (Double Lesson) 03 - Boys Puberty 04 - Personal Hygiene 05 - Growing Up 06 - Self-Esteem 07 - Tooth Decay and Dental Health | Teenagers Guide to Puberty Magazine |





Year 8 Curriculum Overview Life+

RIGHTS, RESPONSIBILITIES & BRITISH VALUES

CELEBRATING DIVERSITY & EQUALITY

RELATIONSHIPS & SEX EDUCATION

STAYING SAFE ONLINE & OFFLINE

HEALTH & WELLBEING

| TERM | Subject | THEME | UNIT TITLE | LESSON TITLE | Homework Assessment Project |
|--------|---------|-------------|----------------------------------|---|---|
| TERM 1 | PSHE | PSHE | Staying Safe Online & Offline | Dangerous Society Online & Offline | 01 - County Lines - What is it 02 - County Lines - Who is at Risk 03 - Substance Misuse 04 - Cyberbullying 05 - Online Grooming 06 - Alcohol Safety 07 - Child Exploitation & Online Protection |
| TERM 2 | PSHE | PSHE | Relationships & Sex Education | Identity, Relationships & Sex Education | 01 - Relationships and Sex Education 02 - Being Yourself & Self-Love 03 - Healthy Respectful Relationships 04 - What is Love 05 - Dealing with Conflict 06 - Periods and Menstrual Cycle 07 - Introduction to Contraception 08 - Sexual Orientation |
| TERM 3 | PSHE | CITIZENSHIP | Celebrating Diversity & Equality | Equality and Diversity Explored | 01 - Equality Act 2010 02 - LGBTQ+ What is it 03 - LGBTQ+ Rights Across the World 04 - Gender Equality 05 - Ableism and Disability Discrimination 06 - Removing the Barriers Equality for all 07 - Racism & Discrimination in Society |



Year 9 Curriculum Overview Life+

RIGHTS, RESPONSIBILITIES & BRITISH VALUES

CELEBRATING DIVERSITY & EQUALITY

RELATIONSHIPS & SEX EDUCATION

STAYING SAFE ONLINE & OFFLINE

HEALTH & WELLBEING

| TERM | Subject | THEME | UNIT TITLE | LESSON TITLE | Homework Assessment Project |
|--------|---------|-------|-------------------------------|--------------------------|--|
| TERM 1 | PSHE | PSHE | Relationships & Sex Education | Sex, the Law and Consent | 01 - Sexual Consent and the Law 02 - FGM and the Law 03 - Relationships and Partners 04 - Domestic Abuse and Domestic Violence 05 - Why have Sex 06 - Delaying Sexual Activity 07 - Sexual Harassment and Stalking |
| TERM 2 | PSHE | PSHE | Staying Safe Online & Offline | Legal and Illegal Drugs | 01 - What is a Drug 02 - Different Types of Addictions 03 - Cannabis Products 04 - Drugs Classifications 05 - Party Drugs & Illegal Drugs 06 - The War on Drugs 07 - Volatile Substance Abuse |
| TERM 3 | PSHE | PSHE | Relationships & Sex Education | Contraception and STIs | 01 - What are STIs 02 - Treating STIs and the Clinic 03 - Contraception Explored 04 - Contraception – Condoms 05 - Contraception Explored Further 06 - HIV and AIDS 07 - HIV and AIDS Prejudice and Discrimination |





Year 10 Curriculum Overview Life+

RIGHTS, RESPONSIBILITIES & BRITISH VALUES

CELEBRATING DIVERSITY & EQUALITY

RELATIONSHIPS & SEX EDUCATION

STAYING SAFE ONLINE & OFFLINE

HEALTH & WELLBEING

| TERM | Subject | THEME | UNIT TITLE | LESSON TITLE | Homework Assessment Project |
|--------|---------|-------|---------------------------------|-------------------------------------|--|
| TERM 1 | PSHE | PSHE | Health & wellbeing | Mental Health & Wellbeing | 01 - Child Sexual Abuse 02 - Screen Time 03 - Mental Health Illnesses 04 - Self-Harm 05 - Suicide (Thoughts and Feelings) 06 - Promoting Emotional Wellbeing |
| TERM 2 | PSHE | PSHE | Relationships & Sex Education | Risk, Relationships & Sex Education | 01 - Pleasure and Delaying Sexual Activity 02 - Campaigning Against FGM 03 - Sexting, Nudes and Dick Pics 04 - Online Pornography (Myths vs Reality) 05 - Porn and its Impact on Society 06 - Unhealthy Relationships, Sexual Assault and Rape 07 - Sexualisation of the Media |
| TERM 3 | PSHE | PSHE | Staying Safe Online and Offline | Violence, Crimes & Seeking Safety | 01 - Honour Based Violence 02 - Forced Marriage and Breast Ironing 03 - Online Gaming & Gambling 04 - Social Media Validation 05 - Modern-Day Slavery 06 - Keeping Your Data Safe 07 - Causes of Knife Crime |



Year 11 Curriculum Overview Life+

RIGHTS. RESPONSIBILITIES & BRITISH **VALUES**

CELEBRATING DIVERSITY & EQUALITY

RELATIONSHIPS & SEX EDUCATION

STAYING SAFE ONLINE & OFFLINE

HEALTH & WELLBEING

| TERM | Subject | THEME | UNIT TITLE | LESSON TITLE | Homework Assessment Project | |
|--------|-------------------------|-------|-------------------------------|---|--|--|
| TERM 1 | PSHE | PSHE | Health & wellbeing | Adult Health and Looking After Yourself | 01 - Organ and Blood Donation 02 - Teenage Pregnancy Choices 03 - Abortion Laws, Morals and Ethics 04 - Parenthood for Teenagers 05 - Testicular and Prostate Cancer 06 - Breast Cancer, Cervical Cancer & Screening 07 - Love and Abuse | |
| TERM 2 | PSHE | PSHE | Relationships & Sex Education | Sexual Health | 01 - Peer on Peer Abuse 02 - Fertility and What Impacts it 03 - Alcohol, Parties and Bad Choices 04 - Importance of Sexual Health 05 - Revisiting STIs 06 - Revisiting Contraception 07 - Respect, Love and Relationships | |
| TERM 3 | REVISION FOR GCSE EXAMS | | | | | |

