

27 January 2025

Dear Parent/Carer

Cambridge National L1/2 Health & Social Care, RO33 Supporting individuals through life events

I am writing to inform you of the details of the next unit of work. This will be useful to you because students may be asking to conduct personal interviews with family members or friends.

In RO33, the life stage for this year's task is **Older Adulthood (65+)**

Students will be expected to complete the following 4 tasks based around this life stage.

- Task 1 – Growth and development through a life stage (Interview 1)
- Task 2 – Life events and sources of support for individuals (Interview 2 – can be the same as 1)
- Task 2a – Impact of life events on individuals
- Task 2b – Research and recommend support to meet individual needs

The **guidance for task 1** from the exam board is as follows:

- Students will choose an individual to base this task upon. This can be **someone the student knows** (who is older than **65**, in order to have met the milestones within that age-range). The individual's name must be anonymized, i.e., names changed or redacted (blacked out).
- Teachers will need to check that the person chosen is appropriate to enable students to access all the marking criteria.
- Students will ask the person about their PIES development across **adolescence**:
 - **Physical** – e.g. mobility, characteristic body changes, sexual characteristics, menopause, ageing characteristics.
 - **Intellectual** – e.g. logical thinking, problem solving, decision making, deterioration of mental abilities.
 - **Emotional** – e.g. independence, self-confidence, self-image, self-esteem, love, affection.
 - **Social** – e.g. relationships, social skills, responsibilities.
- For **older adulthood**, explain how the growth and development of the individual has been affected by: (factors described will be relevant to the individual)
 - two physical factors – diet and nutrition, activities, lifestyle choices (alcohol, smoking), genetics, physical and mental health, disability, sensory impairment.
 - two economic factors – family income, employment, debts, bills, wealth, education, private/public health providers (services).
 - two environmental factors - housing needs and conditions, pollution (air, noise, light), neighbourhood, home environment (neglect, conflict), access to services.

The **guidance for Task 2a** from the exam board is as follows:

- Students must choose an individual who will agree to speak to them and be written about in this task. The individual must agree to speak to the student about 2 life events and the impact these have had on them when they happened. The life events could be expected or unexpected and be a result of a physical event, a relationship change or a change in life circumstances.
 - Examples of **physical events** may include accident/injury, ill health, genetic disorders, menopause.

- Examples of **relationship changes** may include starting/ending relationships, divorce/separation, parenthood, and bereavement.
- Examples of **life circumstances** may include redundancy, imprisonment, retirement, bankruptcy.
- Examples of **impacts of life events** on individuals – physical, intellectual, emotional, social, financial.
- Teachers must check that the individual's life events are appropriate to enable students to access all the marking criteria. Before students complete any interview, the teacher must make sure that the correct permission is obtained with the individual involved. A **consent form** will need to be signed and dated by the person being interviewed and ensure that any interaction adheres to the schools' safeguarding policy, health and safety policy and risk assessment procedures.
- The student must also complete an **Interview Authentication Form** (provided in the set assignment) which the teacher must sign to verify that they have seen proof that the interview has been completed by the student. The teacher does not need to witness the interview but must verify that they have seen evidence, such as photographs or audio recordings of the interview taking place or contacting the individual interviewed to confirm it took place, and that it is the student's own work.
- A record of the students' (redacted) notes must accompany their report. Information relating to the individual will be stored confidentially. Work must be anonymized before it is submitted to the exam board. This means that students' work must not include any of the following relating to the interviewed individual:
 - Full name (name can be redacted).
 - Address, phone number or other personal information.
 - Images of the individual's full face.
 - Suitable individuals could be family members, friends, or peers.

Task 2b is a research-based task based on Sources of Support that meet individual needs considering the following sources:

- formal
- informal
- charities

I hope this information will help you to support your child with this assessed piece of coursework that will be submitted to the exam board in **May 2025**.

Yours faithfully



Mrs C Jackson
SL Health & Social Care