Life+

CURRICULUM INTENT

STOCKSBRIDGE HIGH SCHOOL

“Intelligence plus character—that is the goal of true education.” — Martin Luther King, Jr.

Our PSHE, RSHE, and SMSC curriculum is designed to equip all students aged 11–16 with the knowledge, skills, and values they need to thrive as healthy, confident, and responsible individuals. Delivered through one dedicated lesson per week, the curriculum provides a structured and progressive journey across all topic areas, ensuring that every student is prepared for life in modern Britain and beyond.
Our intent is to ensure every student leaves Stocksbridge High School not only with academic success but also with the character, confidence, and compassion to contribute positively to the world.

Purpose and Vision

To nurture personal development, resilience, and wellbeing.
To promote respect, empathy, and inclusivity within our diverse community.
To prepare students for the challenges of adolescence and adulthood, including relationships, health, careers, and being a good citizen in society.
To embed our school values — Be Positive, Be Kind, Be Confident, Be Reflective — into every aspect of learning.

Across Years 7–11, students engage with a broad and balanced programme that includes:
Health and Wellbeing: physical health, mental wellbeing, healthy lifestyles, and managing risk.
Relationships and Sex Education (RSHE): friendships, family, respect, consent, diversity, and safe, healthy relationships.
Living in the Wider World: careers, financial literacy, digital safety, and active citizenship.
Spiritual, Moral, Social, and Cultural (SMSC) Development: exploring values, ethics, identity, and cultural awareness.

School Values

Be Positive: fostering optimism, resilience, and a growth mindset in tackling life’s challenges.
Be Kind: encouraging empathy, compassion, and respect in relationships and communities.
Be Confident: developing self-esteem, assertiveness, and the ability to make informed decisions.
Be Reflective: promoting critical thinking, self-awareness, and responsibility for actions and choices.

By the end of Year 11, students will:

Demonstrate respect and responsibility in their relationships and communities; Make informed, confident choices about health, wellbeing, and future pathways; Show resilience and positivity in the face of challenges; Reflect thoughtfully on their values, beliefs, and role in society.