Health and Social Care

CURRICULUM INTENT

STOCKSBRIDGE HIGH SCHOOL

"As human beings we each have a responsibility to care for humanity. Expressing concern for others brings inner strength and deep satisfaction. As social animals, human beings need friendship, but friendship doesn't come from wealth and power, but from showing compassion and concern for others." – Dalai Lama

Aims

This course explores the role of Health & Social Care in supporting individuals across all ages. Students gain practical skills and specialist knowledge for vocational settings, with a strong focus on care principles, communication, and safeguarding. The curriculum promotes independence, creativity, and real-world application through community engagement. Practical content supports all learners, including SEND. Students apply theory to real scenarios, analyse case studies, and build confidence through exam-style tasks.

Key Skills Developed

Effective communication

Understanding rights and person-centred values

Infection control, safeguarding, and safety measures

Growth and development through life stages

Supporting individuals through life events

Transferable skills: planning, research, evaluation, and presentation

Progression & Careers
Pathways include Post-16 courses, apprenticeships, and roles such as Adult Care Worker, Allied Health Support, Healthcare Science Assistant, and Maternity/Paediatric Support. Students can also progress to T Levels in Health and Healthcare Science.

Course Content

Unit RO32: Principles of Care in Health & Social Care Settings (exam assessed) - Rights of service users, Person-centred values, Effective communication and Protecting service users and providers.

Unit RO33: Supporting Individuals Through Life Events (Coursework) - Growth and development across life stages, impact of expected and unexpected life events and recommending support to meet individual needs.

Unit RO35: Health Promotion Campaign - Research health campaigns and plan and deliver a health promotion campaign